

**Dermalogica
Redness
Relief R415**

retief
spf 20

dermalogica

**Dermalogica
Soothing
Booster R615**

gentle
soothing
booster

dermalogica

1 FL OZ
/ 30 mL e

I have really bad spider veins on my cheeks. I have really pale, sensitive skin and use Clarins factor 50 cream with my daily moisturiser. I would like to know what I should do; what product must I use to alleviate and prevent them? Nikki

You are on the right track by taking good care of your skin with regular moisturising and SPF application. Sorbet salon's brand manager Jade Kirkel suggests that to prevent more veins appearing, you get hold of a product that protects and relieves skin inflammation. We love Dermalogica's Soothing Booster and Redness Relief from the UltraCalming range. Both products work to strengthen capillaries, reduce redness and prevent further damage. If you're still unhappy, see a dermatologist. Jade's advice is to consider a noninvasive laser therapy like sclerotherapy. This is a little pricier, about R1 000 per treatment depending on your needs; be prepared

to have more than one treatment for the best results. There is also the option of an injection treatment which will also set you back about R1 000 per vial. Check out specialised aesthetic centres like www.skinrenewal.co.za or www.laserderm.co.za for more information.

Nikki's letter has won her vouchers to the value of R1 500 from Sorbet beauty salon!

