

The Art of Treating Dark Skin

With the growing demand for non surgical procedures, there is a huge increase in the number of procedures being performed on darker skin types. It has always been perceived that black women age slower than white women, but today there is a need to stay and look younger, irrespective of your skin type or colour. Skin Renewal centres have recognised this trend and their medical practitioners and therapists are fully equipped to deal with the skin concerns of darker skinned clients.

Dark skin concerns & skin renewal solutions

Uneven skin tone

Although darker skins rarely burn, individuals of this skin type should still protect themselves from the sun as chronic sun exposure leads to uneven skin tone and pigmentation. Dark skin also reacts more severely to common conditions such as acne, eczema, dermatitis, psoriasis and seborrheic dermatitis (dandruff) or trauma to the skin, which can lead to problems with pigmentation, or uneven darkening or lightening of skin.

Skin Renewal Solution: Despite best efforts with bleaching agents and exfoliation treatments to even out pigmentation, the problem can be stubborn and long lasting. There is 'something' missing in conventional fading creams, and most also have side effects. Skin Renewal is pleased to offer the 'missing' factor. Recent advances in pigmentation technology uses certain peptides that will not cause the sensitivity associated with traditional lightening/fading creams such as Retin A and Hydroquinone. If pigmentation fails to respond to topical depigmenting agents, then it may be necessary to have 'in office' treatment with appropriate chemical peels and the Laser Genesis procedure.

Skin Roughness

As skin matures, changes in texture become noticeable. Skin that was once baby smooth, becomes rough and bumpy especially on sun exposed areas.

Skin Renewal Solution: Rough textured skin is directed towards exfoliation, either with topical agents such as AHAs, PHAs, chemical peels or microdermabrasion. Nonabrasive laser rejuvenation such as Laser Genesis can improve roughness and

reduce uneven skin tone, without damaging the outer layer of the skin. Laser Genesis on dark skin has no side effects with proven results and faster recovery times.

Sagging Skin

Skin aging cannot be avoided. Less collagen and elastin is produced and together with gravity and bone loss, causes sagging in many patients after the age of 40. It is most apparent on the neck and jawline areas, and in the cheeks towards the nasolabial folds.

Skin Renewal Solution: Once the signs of ageing appear on facial skin, it is time to initiate the most powerful corrective treatments such as growth factors, peptides, PHAs to improve collagen content and wrinkling. Most aesthetic skin treatments can safely be done without adverse side effects, provided it is done by experienced professionals and pre-treatment precautions are followed. Reverse pre-existing problems such as wrinkles, sagging and lax skin with laser lights such as the infra red Titan and radiofrequency such as Accent that bypass the epidermis and deliver energy to the underlying layers of skin, stimulating collagen growth and skin tightening.

How to find an aesthetic and laser Clinic to suit you

There are several factors you should consider before you decide to go ahead with any cosmetic procedure, be it surgical or not.

- Do your research well and choose your clinic with care.
- Check the clinic and doctor's credentials, as the outcome is dependent on the experience of the professional.
- Seek a Complete Patient Evaluation by an experienced doctor.
- When considering an elective aesthetic medical treatment, consult with a physician for an evaluation, as well as a full medical history, to determine the most appropriate treatment.
- Ask friends, family as well as work associates what their experience has been like.
- Aesthetic procedures should be performed in a setting with appropriate medical personnel and necessary equipment to safely observe patients and deal with potential complications.