



Health Renewal

PRICE LIST • 2016

renewal institute
incorporating
skin • body • health • brain • sleep
the complete medical solution

Health Renewal

At Health Renewal we have an in-depth approach to ensure that we get to the cause of the symptoms and not only to treat the disease. The practice of functional / integrative medicine is to prevent disease before it manifests. It is firmly built on a patient-specific evaluation that will give the doctors a precise guideline on which deficits or problems exist in the body.

As functional medicine is an approach based on hormonal restoration and nutraceutical supplementation, any deficiencies identified will be corrected. During your Health Renewal consultation and in-depth medical history discussion, the Health Renewal doctor will advise you on certain diagnostic tests required, to determine any imbalances in levels of:

- Hormones
- Vitamins
- Minerals
- Gene defects / SNPs

After the required tests have been performed, your results will be sent through to the attending Health Renewal doctor, who will investigate your results. This will then be discussed with you in detail at your follow-up appointment. At Health Renewal we offer different diagnostic tools to ensure we provide the best tests for each individual's needs.

Hormones

A significant component of Integrative / Functional Medicine is BIHRT (Bioidentical Hormone Replacement Therapy). Many women and men suffer from the effect of diminished hormone levels during their late 40's - 50's (e.g. hot flushes, night sweats, irritability, mood swings, decreased libido, reduced muscle strengths, etc). Now, with the advent of compounded BIHRT both male and female hormonal balancing can be attained using hormones, which are biologically identical to our natural hormones.

Vitamins and Minerals

Vitamins and minerals are considered essential nutrients because, acting in concert, they perform hundreds of

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roles in the body. They help heal wounds and bolster your immune system. They also convert food into energy, repair cellular damage and assist our liver with daily detoxification processes. Even with a great diet an adequate intake of nutrients may not translate into proper nutrition at the cellular level. There can be many causes of this, some which may include:

- Poor digestion due to low stomach acid
- Poor absorption due to leaky gut
- Food sensitivities
- Chronic inflammation
- Poor immune function
- Any chronic illness

IV infusions

IV Infusions are high dosages of vitamins and minerals that are administered directly into the bloodstream which will bypass faulty digestive limitations and ensure that essential vitamins, minerals and anti-oxidants reach the necessary cells for repair and are translated to nutrition at a cellular level. Our Health Renewal doctors can tailor the IV by varying the type and amount of nutrients administered.

Ozone

Ozone is an amazing element that has the power to detoxify the body by breaking down toxins and heavy metals. This treatment also helps to build new and healthy cells, tissues, organs and ultimately healthy body systems. By doing the above, ozone helps the body to restore to an optimal health status resulting in overall wellness and quality of life.

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